



# Positive Behavior Support

Happy New Year!

Here's my winter newsletter,

I hope you find the resources helpful.

## CHAMPS

### A Proactive & Positive Approach To Classroom Management

Want something exciting to check out? I've found just the thing. From the "Safe & Civil Schools" line of publications, Dr. Randy Sprick provides effective classroom and behavior management ideas in his CHAMPS book. In December I was able to attend a two day training, at the Macomb ISD, on implementing this research based program. The workbook offers practical strategies in easy-to-implement steps for teachers. This is not a curriculum or program but instead a collection of recommendations that are based on more than 30 years of research in the fields of education and psychology. Practical strategies presented in CHAMPS will help classroom teachers to:

- Structure their classrooms to prompt responsible student behavior.
- Overtly teach students how to behave responsibly (i.e., be successful) in every classroom situation.
- Focus more time, attention, and energy on acknowledging responsible behavior to ensure that they will respond in a brief, calm, and consistent manner.

The CHAMPS title is also an acronym that reflects the behavioral expectations the book will help teachers define and directly teach to their students, specifically:

**Conversation** - Can students talk to each other during this activity/transition?

**Help** - How can students get questions answered during this activity/transition?

**Activity** - What is the task/objective of this activity/transition?

**Movement** - Can students move about during this activity/transition? If so, for what reasons?

**Participation** - What does active and responsible participation for this activity look and sound like?

**Success** - If a student meets the CHAMP expectations he or she will be successful.

Check out the Professional Development Opportunities Section in this Newsletter for other training dates on this exciting resource.

## Motivation...

### Turning on the Tuned-Out Student

Richard Lavoie, Creator of the bestselling PBS video "F.A.T. City", has a book/DVD called "The Motivation Breakthrough - 6 Secrets to Turning On the Tuned-Out Child." This resource talks about how to motivate students. Lavoie explains that after ones primary needs are met, then people/students have secondary needs that are psychological in nature. The need to feel important or valued (to have "Status"), to be con-

nected to something larger than themselves ("Affiliation"), the need to be with others ("Gregariousness"), or the need to be in control ("Power"). These are just a few of the 8 motivating factors that drive students. As you may have already guessed, each student has their own individual psychological needs, which means different motivators for each student. I do have a "Forced-Choice Reinforcement Menu"

that can help identify what motivates students. I'd be happy to share the resource if you are interested.

Feel free to check out Lavoie's book or DVD, it's really eye opening and a great reminder that the same reinforces aren't going to work for all students.



If you need any resources, please contact me at: [tfrakes@lcisd.k12.mi.us](mailto:tfrakes@lcisd.k12.mi.us)

## Shout Out!



### Here Are The Great Things Going On in Lapeer County's SEI Programs:

#### Tim Proulx (Lapeer West H.S.) -

Is revamping his entire level system to better meet the needs of his high school students. What an undertaking, but worth it. He's using some of the materials from the CHAMPS book!

#### Mike Wiltse (Rolland-Warner M.S.) -

Has been giving students opportunities to learn outside of the classroom. Finding a real live bee hive has lead students to engage in Science, Math, and Economic concepts. Hands on learning, how exciting!

#### Jennifer Parker (Schickler Elem.) -

Is using interactive technology to engage students in her 4th/5th split class room. From document cams to computers, kids are engaged in the material being taught! (check out a fun website "Stop the Clock" at [www.teachingtime.co.uk](http://www.teachingtime.co.uk))

#### Pam Haddad (Dryden Elem.) -

Gets kids reading with "Read Naturally," a program that combines teacher modeling, repeated reading, assessment, and progress monitoring to help kids with fluency and comprehension!

#### Karen Ann (Almont M.S.) -

Is using positive behavior support to motivate students. Karen uses simple index cards to give students tally marks for positive behavior and academic effort. Even at the middle school level the kids love earning points, which they can redeem for all kinds of goodies. The kids are gaining self esteem and making it on the honor roll!

#### Mark Richmond (Almont H.S.) -

Finds that outside agencies can be very helpful. Agencies and case managers from Wraparound, Community Mental Health, and the Courts (probation officers) can be very helpful in assisting with student/family/school concerns.

Way to go teachers, keep up the great work!

## REMINDER

Please remember to invite me to your students IEP's. It's helpful for me to meet parents and hear your students progress. Even if everything is going well with your student, it is helpful for me to become familiar with students and parents. Also, it gives me a point of reference, in the event that my involvement is needed in the future. Thanks!



*"Whether cultural differences are subtle or obvious, it isn't easy to spend the school day in one world and the rest of the day in another"*

(by: Keba Baldwin & Amalio Nieves "Cultural Competence")

## Professional Development Opportunity

**CHAMPS Training—  
February 9, 2011  
2 day Training at the Macomb ISD  
Register at: <http://www.misd.net>**

## Why Is This Behavior Happening?

If you need some help determining why a student might be displaying a particular behavior, let's take a look at the function. I have several Functional Behavior Assessment forms that can be used to try and isolate the purpose behind a behavior. It's easy to jump to a conclusion of why a student may or may not be doing something, but be careful. If you assume the wrong function behind the behavior you could be programming wrong when trying to motivate the student. Using functional behavior assessment tools, along with good data collection will help to ensure that you are accurately programming for each of your students. Once you have a good handle on the reason behind the behavior (remember behavior is a form of communication) then you can make sure you've picked the right replacement behavior and appropriate motivational techniques to encourage them. If you'd like more information, copies of Functional Behavior Assessment (FBA) forms, or assistance, please contact me.





